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Celebrate Community



GOOD DEEDS

GoodDeeds.blogs.pressdemocrat.com

BOYS & GIRLS CLUBS OF SONOMA MARIN

Teach dance for Ballet Folklorico

The Boys & Girls Clubs of Sonoma-Marin is looking for a volunteer Ballet Folklorico instructor at Roseland Elementary School in Santa Rosa. Instructors are expected to run practices for an hour on Fridays, teach dance fundamentals and choreography skills and help plan a student performance in December. For more information, go to bit.ly/3A4uT0B.

FORGOTTEN FELINES OF SONOMA COUNTY

Help cats by doing laundry

Forgotten Felines of Sonoma County in Santa Rosa needs volunteers to help with the laundry that accumulates from spay and neuter clinics. Volunteers take lightly soiled linens home or to the laundromat to be washed, dried and returned. If volunteers wish to use the laundromat, the shelter can provide money to cover the costs. To learn more, go to bit.ly/3AUV877.

MONTGOMERY HIGH SCHOOL

Volunteer to tutor students

Montgomery High School in Santa Rosa is looking for tutors to work with small groups of high school students during AVID elective classes under the supervision of an AVID teacher. Tutors must attend training classes and help out on Wednesdays or Thursdays for approximately six to 12 hours per week. It is important that volunteers have their own transportation. Volunteers can earn a stipend and specific curricular knowledge is not required. To apply, go to bit.ly/3q2oz15.

SONOMA COUNTY ACTS OF KINDNESS

Assistance needed in kitchen

Sonoma County Acts of Kindness is looking for kitchen volunteers to work on Thursdays from noon to 5 p.m. The kitchen currently serves up to 200 meals a day directly to the homeless and hungry in Santa Rosa. Volunteers are needed to help with food prep and packaging of hot meals. To get involved, go to bit.ly/3Q1cGDk or email health@socactsokindness.org.

TOUR DE CURE: WINE COUNTRY

Lend hand for 1-day fundraiser

Be a part of the Tour de Cure: Wine Country, the nation's most successful one-day fundraiser for the American Diabetes Association. Volunteers are needed for a variety of roles, including site setup, registration/ rider check-in, rest stop staff and route/safety monitoring. Roles for groups and individuals are available. For more information, go to bit.ly/3AZbaxk.

TO LEARN MORE OR CONTRIBUTE AN ITEM

- E-mail your news about volunteer opportunities to info@pressdemocrat.com.
- To explore additional volunteer opportunities, contact the Volunteer Center of Sonoma County at 573-3599 or info@volunteernow.org.

GATHERINGS » KRUSH CONCERT BENEFITING FOOD FOR THOUGHT



Terry Hanck plays to the crowd during the Krush Soul and Blues Festival on Aug. 25 at the Krush Backyard in Santa Rosa.

PHOTOS BY KENT PORTER / THE PRESS DEMOCRAT



The Krush Soul and Blues Festival at the Krush Backyard in Santa Rosa gets attendees dancing.



The fog rolls in as those attending the Krush Soul and Blues Festival dance in Santa Rosa.



Roger Volz of Soul Fuse plays to the crowd during the Krush Soul and Blues Festival.

By CHARLES SWANSON
THE PRESS DEMOCRAT

More than 300 people packed into the backyard venue at Santa Rosa radio station The Krush to see two local bands play the station's Soul & Blues Festival Aug. 25. The concert, which raised money for Forestville nonprofit Food For Thought, featured veteran North Bay bands Soul Fuse and The Blues Defenders.

"It was a really big turnout, the bands were obviously very popular," said Melissa Galliani, general manager for Wine Country Radio, which operates KRSH (88.9 FM) and four other local radio stations. "That was our biggest one of the year, I guess the music really resonated with people."

Volunteers from Food For Thought were on hand pouring beer from Henhouse Brewing and wine from Davis Family Wines that was available for purchase. Food was available to buy from Galvan's Eatery food truck.

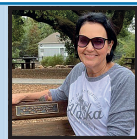
The Krush has been hosting free backyard summer concerts adjacent to their Standish Avenue studio for 25 years. A different local nonprofit benefits each year.

"Everybody is so joyful (at the concerts)," said Galliani. "It's so wonderful to produce something that produces so much joy." In addition to keeping the proceeds from beer and wine sales, Galliani said Food For Thought receives \$500 from each of the shows, put on with the help of local sponsors, totaling \$4,000 by the end of the series.

Food For Thought provides free weekly groceries to thousands of Sonoma County residents living with HIV, COVID-19, cancer and other serious medical conditions.

The Krush will conclude its 2022 series with jam bands Moonalice and THUGZ on Sept. 8; and the Sonoma County Super Jam on Sept. 22. The doors open at 5:30 p.m., and the music starts at 6 p.m. For more information about the series, go to krush.com/backyard-concerts-2022. For more information about Food For Thought, go to ftfoodbank.org.

ONLINE GALLERY For more photos, go to pressdemocrat.com



"I could see the yellow CHP blanket lying on the asphalt and it was for my son, Garrett. All of a sudden a uniformed woman, one of your Law Enforcement Chaplains, just appeared — like an angel out of heaven — to be with me on my worst day ever. She stayed, she listened and she was intentionally present. I don't know who she was, and yet, I'll never forget her. Forever grateful." — Debbi Ruth, Mother sonomacountychaplains.org



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